



the new  
**Reel Appetites Inc.**  
*Catering To All Your Needs*

7622 Winston Street, Burnaby BC V5H 2H4

Phone: 604.676.4341 Fax: 604.444.0197

Email: [info@reelapps.com](mailto:info@reelapps.com)

## **BUFFET SELECTIONS 2008**

(This is a sampling of our offerings)

### **SALADS**

**3.50 per person**

Classic Caesar with Shaved Parmesan and Herb Croutons  
Tossed Seasonal Greens with assorted house vinaigrettes  
Spinach Mandarin & Almond with Miso Dressing  
Cucumber & Red Onion with a Honey, Yoghurt & Dill Dressing  
Marinated Wild and Tame Mushroom Medley  
Greek Salad with Feta, kalamata olives and fresh oregano  
Crisp Green Bean and Sweep Peppers Dressed with a Maple Hazelnut Vinaigrette  
Baby Potato with Grainy Mustard and Roasted Garlic Dressing  
Farfalle Pasta with Basil Pesto & Tomato Marinade

### **ENTRÉES**

**\$7.00 to \$12.00 per person**

Oven Roasted Breast of Chicken with Field Mushroom & Sage Cream  
White & Wild Rice Stuffed Cornish Hen, Apricot and Caramelized onion Jus  
Roast Turkey with Natural Pan Gravy

Shaved Baron of Beef au Jus Lie'  
Pork Loin with Apple & Cinnamon Stuffing, Citrus Reduction  
Mediterranean Leg of Lamb, with a Black Olive & Tomato Puree  
Double smoked slow roasted ham with pineapple glaze

Filet of Sole with Crab & Scallop Stuffing, Spinach and Cilantro Cream  
Baked Wild BC Salmon spiral with sweet and spicy papaya salsa  
Orange Roughy with a Steeped Ginger and Orange Emulsion

### **PASTAS**

**\$3.50 per person**

Goat Cheese Ravioli Laced with a Sweet Potato Cream  
Penne Rigatte with Smoked Turkey & Mushrooms  
Spinach & Ricotta Stuffed Cannelloni with Sundried Tomato Sauce  
Tri-colour Rotini, Prosciutto Ham, Zucchini & Provolone Gratin  
Calabrese Meat Lasagna



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### **POTATOES & GRAINS**

**\$2.50 PER PERSON**

Roasted Garlic Mash  
Scalloped potatoes with leeks  
Wild rice with Corn & Peppers  
Barley Risotto with Oven dried Apples  
Yam and Parsnip Gratin  
Roasted Red Skin Potatoes

### **VEGETARIAN ENTRÉES**

**\$6.00 PER PERSON**

Tuscan Roasted Vegetable Lasagna with Asiago Cheese  
Broccoli and Aged Cheddar Frittata  
Leek & Sweet Pepper Stuffed Portobello Mushrooms  
Italian Eggplant Pouches Stuffed with Israeli Couscous  
Fresh Herb Marinated Vegetable Skewers

### **DESSERT SELECTIONS**

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Assorted Cookies  
Chocolate Chip, Macadamia & White Chocolate, Oatmeal Raisin  
\$12.00 per dozen

Variety of Squares & Bars  
Nanaimo, Double Fudge Brownie, Carrot Cake, Pecan, Butter Tart  
\$15.00 per dozen

### **CAKES**

(Based on Availability)

Old Fashioned Apple Almond with Honey Cinnamon Yoghurt Sauce  
Chocolate Fudge with Raspberry Coulis  
Strawberry Mousse Torte  
Tiramisu  
Black Forest Cake  
New York Style Cheesecake



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### **CAKES**

Belgian Fudge, Chocolate Caramel Pecan, Chocolate Hazelnut Mousse  
White Chocolate Mousse, Tiramisu, Lemon Tea, Black Forest  
\$25.00 – 45.00 per cake

### **CHEESECAKES**

Raspberry, Fresh Fruit, Mango, Chocolate Cherry  
\$30.00 – 50.00 per cake

Feel Free to inquire about our other cake and pastry selections